



Who am I?

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> Talofa lava! Sana is a fifth year medical student in Christchurch who has never really been into writing essays, let alone poetry, but she tries. She gained inspiration for this short poem from an interview she did on her Addiction Medicine run in her fourth year. Outside of medicine she enjoys spending time with her Pacific community, as there are never-ending laughs all around and the spirit of alofa (love) is always present. In the future, she hopes to give back to this very community, as they have already given so much to her. Fa'afetai. Thank you.

I am a daughter of an alcoholic
A wife to a violent man
I am a product of a vicious cycle
A drinker. A lover of wine. An addict.
Who am I?

I am educated
Marginalised
Stigmatised
Ostracised

I have been beaten
With iron fists
Shoved into closets
My body twists

I am scared
Hated
Never liberated
Incapacitated

I drown in my sorrows
Welcoming the numbness it brings
I swim through each identity I borrow
Hoping to take away the sting

Who am I
But a drunk
A victim
Who am I?
A question that lingers

I scream
I shout
I cry
And yet...

No one hears
No one listens
No one cares

Who am I?